

Guide to Supporting Your Child with Autism

1. Initial Steps:

- **Consult Your Pediatrician:** If you suspect your child might be autistic, start by visiting your pediatrician. They can provide a referral to a specialist for a formal diagnosis.

2. Resources After Diagnosis:

- **Before Age 3: Regional Centers**
 - **21 Regional Centers in California:** These centers are key resources for children under three.
 - **Services Provided:** Access to funding, developmental resources, and support services.
 - **Contact:** Reach out directly to the regional center for pamphlets and guidance. Special needs centers or schools may also distribute information.
- **Social Skills and Development:**
 - **Support Options:** Explore resources for social skills development, including government and medical support, as well as nonprofit organizations.

3. Post-Regional Center Support:

- **Medical Insurance:** Ensure you understand your insurance options and coverage.
- **ABA Services:** Consider Applied Behavior Analysis (ABA) therapy for continued support and development.

4. Transition to Adulthood:

- **After Age 22:** Focus on employment resources and support for transitioning into the workforce.

Uncovering the strengths of Neurodiversity.

F.I.N.D. (Families Inspiring Neurodiverse Development) is a nonprofit dedicated to helping parents of neurodiverse individuals locate diagnosticians, obtain resources, celebrate neurodiversity and build community.



findneurodiversity.com



@f.i.n.d_neurodiversity

